



MARKETPLACE

Week of Monday January 29

Watch for Mindful Menu Solutions...

Look for the
Well Balanced
symbol to find your way
to better nutrition.

*Celebrate American Heritage
Month!!*

Hours

Monday - Thursday: 7:30m- 6:00pm
Friday 7:30m-3:00pm

Managers

Tom Van Pelt
292-2513



Monday

- Soup: Cream of Fresh Broccoli Soup (Mindful) Hoppin' John Stew Turkey Chili
- Grill @: Sriracha Steak & Roasted Potato Omelet Tuna Melt
- Brighton Deli: Caprese Style Grilled Chicken Salad
- Brighton Entree: Garlic Cilantro Braised Chicken and Rice
- Magellan's: Baked Potato Bar

Tuesday

- Soup: Turkey Chili Minestrone Soup Chicken Tortilla Soup (Mindful)
- Grill @: Sriracha Steak & Roasted Potato Omelet Tuna Melt
- Brighton Deli: House Taco Bar
- Brighton Entree: Garlic Cilantro Braised Chicken and Rice
- Magellan's: Ginger Orange Chicken with Jasmine Rice

Wednesday

- Soup: Turkey Chili Black Bean, Sausage and Rice Soup Cream of Spinach Soup
- Grill @: Sriracha Steak & Roasted Potato Omelet Tuna Melt
- Brighton Deli: Caprese Style Grilled Chicken Salad
- Brighton Entree: Pasta Toss Bar
- Magellan's: Curry Chicken Served W/ Basmati Rice

Thursday

- Soup: Turkey Chili Cream of Chicken with Wild Rice (PHA) Butternut Squash & Sweet Potato Soup
- Grill @: Southwestern Breakfast Bowl Bistro Turkey Burger
- Brighton Deli: Turkey, Portobello & Smoky Shiitake Melt
- Brighton Entree: Burger Bar
- Magellan's: Chicken & Broccoli Stir-Fry

Friday

- Soup: Turkey Chili Gulf Shrimp & Corn Chowder
- Grill @: Southwestern Breakfast Bowl Bistro Turkey Burger
- Brighton Deli: Turkey, Portobello & Smoky Shiitake Melt
- Magellan's: Lemon Dill Haddock Lemon Dill Haddock Cole Slaw